PREPARING FOR HOLY FIRE

Take Time for Personal Reflection

How are you feeling about Holy Fire? Are you excited, tired, uncertain, prayerful, indifferent or anxious?

What is your relationship with Jesus like? What are the best parts about your relationship with Jesus? What are the obstacles or problems that are preventing you from growing your relationship with Jesus?

Who has inspired you in your faith life? Who do you look to see an example of God’s love? Why do they inspire you and how do they show God’s love in their life?

Where is there joy in your life right now? From those places of joy, what do you want to give God thanks for?
Proclamation Movement Journal Activity
Who do you say that Jesus is? Why are you willing to live your life in a way that serves him? If you don't yet know, how can you ask Jesus to tell you and show you who he is and help you discover him?

Preparation Movement Activity
Your Spiritual House (Alternate Activity)
Reflect on the current elements of your spiritual house, writing down your responses next to the elements if you wish. The different elements of their spiritual house are:

**Foundation:** What do you know is most true?
What do you hold as the most impart part of your faith?

**Walls:** Who and/or what supports you in your faith?

**Roof:** Where do you find protection when troubles or hard times come?

**Door Inside:** What is a part your life that you hide from God? How can you work on bringing this to Him?

**Door Outside:** How do you continue to invite God into your life?
Profession Movement Journal Activity (Alternate Activity)

Jesus is constantly seeking you out, desiring to be your friend. How can you invite Jesus into your life to be your friend?

Fr. Gibson said that when you let Jesus be your friend and share with him everything of your heart, that is when the Spirit of God rests in you, and you can work to make other friends of Jesus. How can you overcome any fear you may have and share your whole self with Jesus?
PROCESSING HOLY FIRE

Reflect on Their Holy Fire Experience

What will you remember about Holy Fire?

Is there a speaker you enjoyed listening to or whose stories were relatable to your life? What did you like about them?

How are you feeling after participating in Holy Fire? Is there a moment during the retreat that stood out to you? Why was that moment memorable?

Is there an idea from a speaker or experience at Holy Fire that you feel might be calling you to act? How might you put your faith into action?
**Invite Jesus to Continue to be Your Guide**

Next to each part of the cross, doodle words or images in response to the questions below, expanding out from the cross at the center:

- Around the top, or head of the cross: After Holy Fire, what are words that come to mind when you think about your own life, relationships, or faith?
- Around the middle, or heart of the cross: What is something from Holy Fire that touched your heart?
- Around the bottom, or feet of the cross: After participating in Holy Fire, what do you feel called to do? Where is God leading you? Read through your responses, reflecting on the question below. Offer this reflection to Jesus in prayer.

As you continue in your faith journey, how will you build your relationship with Jesus in your mind, heart, and actions? How will you live out his call to love others in your life?